

○ rescue me, God, my helper, and my tongue shall ring out your goodness.  
○ Lord, open my lips and my mouth shall declare your praise.

For in sacrifice you take no delight,  
burnt offering from me you would refuse,  
my sacrifice, a contrite spirit, a humbled, contrite heart you will not spurn.

In your goodness, show favour to Zion: rebuild the walls of Jerusalem.  
Then you will be pleased with lawful sacrifice,  
(burnt offerings wholly consumed),  
then you will be offered young bulls on your altar.

READING ISAIAH 53:1-12

PSALM 129(130)  
Out of the depths I cry to you, O Lord, Lord, hear my voice!  
○ let your ears be attentive to the voice of my pleading.

If you, O Lord, should mark our guilt, Lord, who would survive?  
4 But with you is found forgiveness: for this we revere you.

My soul is waiting for the Lord. I count on his word.  
My soul is longing for the Lord more than watchman for daybreak.  
(Let the watchman count on daybreak and Israel on the Lord.)

Because with the Lord there is mercy and fullness of redemption,  
Israel indeed he will redeem from all its iniquity.

GOSPEL LUKE 23:39-43

REFLECTION

EXAMINATION OF CONSCIENCE

TIME FOR PRAYER AND INDIVIDUAL CONFESSIONS

## HINKSEY CATHOLIC PARISH LENT PENITENTIAL SERVICE

+In the Name of the Father, and of the Son, and of the Holy Spirit. **Amen.**  
The Lord be with you. **And with your spirit.**

INTRODUCTION

PSALM 50(51)  
Have mercy on me, God, in your kindness.  
In your compassion blot out my offense.  
○ wash me more and more from my guilt and cleanse me from my sin.

My offences truly I know them; my sin is always before me  
Against you, you alone, have I sinned; what is evil in your sight I have done.

That you may be justified when you give sentence  
and be without reproach when you judge,  
○ see, in guilt I was born, a sinner was I conceived.

Indeed you love truth in the heart;  
then in the secret of my heart teach me wisdom.  
○ purify me, then I shall be clean; ○ wash me, I shall be whiter than snow.

Make me hear rejoicing and gladness,  
that the bones you have crushed may thrill.  
From my sins turn away your face and blot out all my guilt.

A pure heart create for me, ○ God, put a steadfast spirit within me.  
Do not cast me away from your presence,  
nor deprive me of your holy spirit.

Give me again the joy of your help; with a spirit of fervour sustain me,  
that I may teach transgressors your ways and sinners may return to you.

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